

LETTER TO THE EDITOR

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To Editor in Chief Journal of Bangladesh College of Physician and surgeon

At first I would like to thank The Editor for publishing an original article on “The Ten Step Vaginal Hysterectomy- A Newer and Better Approach” (April Vol 30, no2,2012; Page71-77) in your most prestigious journal in Bangladesh.

Though prevalence of uterine prolapse has decreased in the urban areas, but still now it is a big problem in rural areas of our country. Vaginal hysterectomy remains the accepted surgical treatment for women with symptomatic uterine prolapse.

The vaginal route should always be considered when hysterectomy is indicated, because of a quicker recovery, lack of abdominal scar and shorter hospital stay^{1,2}. In order to find out whether vaginal hysterectomies can still be optimized and simplified after so many years of practice and accumulated experience, a re-evaluation of ‘Ten-Step Vaginal Hysterectomy’ was initiated³. This method is anatomically logical, easier to learn, perform and teach. It reduces operating theater time and analgesic use⁴. Only ten instruments and ten sutures are needed and it was shown that this reduces the operation time⁵.

In this article the author nicely and appropriately mentioned the steps and the procedure. It would encourage the gynaecologist to adapt this procedure. I specially thank the author as she has performed this in a district level hospital and shared her experience with us.

Prof. Neke Akhter

Prof. and Head

Department of Gynaecology & Obstetrics
Bangladesh Medical College.

References:

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Author’s reply:

First of all, I would like to thank the Editor of the most honourable and prestigious journal, as well as, my dear colleague Prof. Neke Akhter who gave such an impressive comment on my original article on “The Ten Step Vaginal Hysterectomy- A Newer and Better Approach” (April Vol. 30, No. 2, 2012; Page: 71-77) on “The Ten Step Vaginal Hysterectomy- A Newer and Better Approach” (April Vol. 30, No. 2, 2012; Page: 71-77).

In fact, this is a new approach in comparison to the traditional method and we do not have enough study in this case. So in my point of view, more gynaecologists are needed to practice this method of vaginal hysterectomy. So that we can identify the weak points of this method and then rectify and modify the operation in collaboration with other colleagues. Because our target is patients centered care and always do the best for the patients.

Thanks a lot for your time and convenience.

With best regards,

Dr. Ismatara Bina

MD, DGO, MCPS, FCPS (O&G), MRCOG (UK)
Consultant Obstetrician and Gynaecologist
Khalishpur Clinic, Khulna