

# Journal of Bangladesh College of Physicians and Surgeons

VOL. 1: NO. 2: PAGES 1-25.

FEBRUARY 1984.

### CONTENTS

- Alpha<sub>1</sub> antitrypsin deficiency in chronic liver disease among children— Sahera Begum and K. M. Nazrul Islam.
- Estimations of gestational age by ultrasonography—Asia A. Khatun. Fauzia Moslem, K.: Ahmed and A. H. M. T. A. Chowdhury.
- A study of endometrial curettage in the Socialist People's Libyan Arab Jamahiriya — S. M. El Kassaby, M. G. Muazzam. R. P. Chishti, I. A. El Muntasser, A. A. El Badry and I. A. Alloba.
- 4. Hepatobronchial Fistula—A case report—
  N. A. Khan.
- 5. A case of Mesenteric Cyst-M. A. Majid
- 6, College News

- - 6-17
- ... 17—21
- 24 22
- 24 25

### INFORMATION FOR CONTRIBUTORS

The Journal of Bangladesh College of Physicians and Surgeons is published twice a year in the months of February and August. Articles are received throughout the year.

### Submitting the Manuscript:

Manuscripts for original communication should be submitted in triplicate to the editor.

Articles are accepted for publication on the condition that they are contributed solely to this journal. Papers should be as brief as possible consistent with the subject. Short case reports are accepted provided this do not exceed two full pages in the journal (usually around five type-written pages). Authors should estimate space occupied by title, authors illustrations and references so as to keep within the two-page-limit.

### Preparing the Manuscript:

Manuscript should be neatly typewritten on one side of the page only with double or triple spacing and liberal margins. Please do not use erasable bond.

Please be sure to include an accurate address for editorial communications and for reprint requests.

A brief abstract of the material of the paper should precede the body of the paper, to run no more than 500 words and to replace any summary section at article's end. A short runing title and several words for the purpose of indexing and computer programming titled: INDEX WORDS should be added at the bottom of the title page.

Measurements should be in S. I. Units.

### Illustrations and Tables:

Position of figures and tables in the text should be marked on the manuscript and cited in order in the text. Arabic numbering should be used for both figures and tables. All line drawings should be submitted in triplicate as clear, glossy, black and white,  $5" \times 7"$  photographs. Photomicrographs should also be submitted in triplicate, with allowance made for the effects of reduction if necessary. Legends for illustrations should be typewritten, double-spaced on a separate sheet and included at the end of the manuscript. A legend must accompany each illustration.

Each table should be typed on a separate sheet and appropriately numbered. Legends should be typed on the same sheets as the tables. The contributor must bear all costs connected with printing colour illustrations.

### References :

References should be compiled at the end of the article alphabetically. Only those references should be listed which have been quoted in the text in the form of Authors name and year of publication. They should be typewritten, double-spaced under the heading REFERENCES. Abbreviations for titles of medical periodicals should conform to those used in the latest edition of Index Medicus. Give inclusive page numbers.

### Examples of References:

Journal article, one author:

 Lloyd JR: The etiology of gastrointestinal perforations. J Pediatr Surg 4: 77-85, 1939.

Journal article: two or three authors:

 Kilpatrick RM, Aseron CA: Radioisotope detection of Meckel's diverticulum causing intestinal bleeding. Z. Kinderchis 13: 210-217, 1973.

Journal article, more than 3 authors :

- Filler RM. Eraklis AJ, Das JB, et al: Total intravenous nutrition. Am J Surg 121: 454-453, 1971.
- Coran AG. The hyperalimentation of infants, Biol Neonat (in press).

Complete Book:

 Gallagher JR, Medical care of the Adolescent (ed. 2). New York, Appleton, 1966, p. 208-216.

[ Continued to page 25.]

# Journal of Bangladesh College of Physicians & Surgeons

VOL. 1. NO. 2. PAGES 1—25. FEBRUARY 1984.

BANGLADESH COLLEGE OF PHYSICIANS AND SURGEONS

Mohakhali, Dhaka-12.

Phone: 6 0 0 4 5 4.

### EDITORIAL BOARD

Editor-in-Chief: PROF. GOLAM RASUL

Editors : DR. A. K. AZAD KHAN

DR. K. M. H. S. SIRAJUL HAQUE

DR. NAZMUN NAHAR DR. SHAFIQUL HOQUE



# JOURNAL OF BANGLADESH COLLEGE OF PHYSICIANS

VOL. 1. NO. 2.

FEBRUARY 1984.

### CONTENTS

1.	Alpha1 antitrypsin deficiency in chronic liver disease among children—Sahera Begum and K. M. Nazrul Islam.	1—3
2.	Estimations of gestational age by ultrasonography— Asia A. Khatun, Fauzia Moslem, K. Ahmed and A. H. M. T. A. Chowdhury.	3—6
3,	A study of endometrial curettage in the Socialist People's Libyan Arab Jamahiriya—S. M. El Kassaby, M. G. Muazzam, R. P. Chishti, I. A. El Muntasser, A. A. El Badry and I. A. Alloba.	6—17
4.	Hepatobronchial Fistula—A case report—N. A. Khan	17—21
	A case of Mesenteric Cyst—M. A. Majid	21—23
	College News	24—25

## ALPHA, ANTITRYPSIN DEFICIENCY IN CHRONIC LIVER DISEASE AMONG CHILDREN.

Sahera Begum<sup>1</sup>
K. M. Nazrul Islam<sup>2</sup>

### SUMMARY :

Four cases of chronic liver disease among children who presented diastase resistant PAS positive globules in the hepatocytes are reported. These are cases of alpha1 antitrypsin deficiency seen in a series of 35 cases of chronic liver disease among children. Three of these cases had concomittent cirthosis and the remaining one showed giant cell hepatitis. Abnormalities of alpha1 antitrypsin and their role in the causation of chronic liver disease have been briefly discussed.

### Introduction:

Congenital deficiency of alpha<sub>1</sub> antitrypsin may be associated with chronic liver disease in children and pulmonary emphysema in young adults. Alpha<sub>1</sub> antitrypsin is a protease inhibitor synthesized by the hepatocytes. In 1963 Laurell and Eriksson (1963) first described the relationship between emphysema and aipha<sub>1</sub> antitrypsin deficiency state in adult. After six years, in 1969 Sharp et al showed that deficiency state may be an important cause of chronic liver disease in children (Sharp et al 1969).

The discovery of these disease entities drew the attention of geneticists and biochemists. It is now known that alpha<sub>1</sub> antitrypsin is a rare metabolic disorder, transmitted by autosomal codominant mode of inheritence.

At the IPGMR, Dhaka, retrospective study was undertaken recently to find out the histologic types of chronic liver disease among children. To

- Assistant Professor of Pathology, Dhaka Medical College.
- Professor of Pathology, Institute of Post-Graduate Medicine & Research, Dhaka.

achieve this end, different special stains were employed. PAS stains after diastase treatment was done to find out the globules of alpha<sub>1</sub> antitrypsin in the cytoplasm of the hepatocytes. The association of alpha<sub>1</sub> antitrypsin deficiency and childhood liver disease is now well established (Sadler 1981). The present paper reports incidence of alpha<sub>1</sub> antitrypsin deficiency in a series of paediatric patients suffering from chronic liver disease, admitted in the IPGMR, Dhaka.

### Materials and Methods :

A total of 35 paraffin blocks from 35 paediatric patients of chronic liver disease were studied for alpha<sub>1</sub> antitrypsin deficiency. All of the patients were below the age of 15 years, having clinical diagnosis of chronic liver disease. All of the specimens represented needle biopsy samples. With routine haematoxylin and eosin stain all cases were diagnosed as cirrhosis except one, which was a case of giant cell hepatitis. PAS stain after diastase treatment was done in all of these 35 cases and globules of alpha<sub>1</sub> antitrypsin demonstrated in four cases.

### Results :

As stated before, out of 35 cases of chronic liver disease four cases were positive for alpha1 antitrypsin globules. (Table-1.)

Table 1. PAS stain after diastase treatment.

Total	PAS Positive	PAS Negative	Percentage
35	4	31	11.42

Of these four cases, three were diagnosed as cirrhosis with H & E stain and the remaining one

was a case of giant cell hepatitis. One case of cirrhosis showed marked cholestasis. The alphan antitrypsin globules were large and bright pink in colour and present in the periportal hepatocytes (Fig. 1). In the case of giant cell hepatitis, the alphan antitrypsin globules were diffusely throughout the cytoplasm of all hepatocytes.

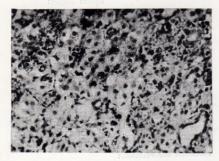


Fig. 1.

No family history could be obtained as the cases were studied retrospectively.

### Discussion :

Alpha<sub>1</sub> antitrypsin is a low molecular weight portein. It acts as an inhibitor of proteolytic enzymes released from the cells during tissue injury and thus protects the liver and lung as well as other organs from permanent damage.

There are about 26 alleles of alpha; antitrypsin. The phenotyping system has been labelled as protease inhibitor (Pi). The Pi allele can be seperated by electrophoresis and are labelled by the letters of the English alphabet according to their relative electrophoretic mobility. The faster moving bands are given earlier alphabetic codes, whereas slower moving alpha; antitrypsin protein bands have later alphabetical letters. The most common allele is Pi M, which contributes a normal quantity and activity of alpha; antitrypsin to the serum. Two Pi Z alleles produce approximately 15-20% of the normal antitrypsin level and is mostly associated with disease condition.

The basic difference between Z and the normal M molecule is the replacement of glutamic acid by lysin in the abnormal Z peptide. It is thought that as a result, the abnormal molecule can not combine with sialic acid. This sialic acid deficient molecule is poorly soluble and is difficult to transport, so they are retained in the dilated cisternae of the rough and smooth endoplasmic reticulum of the hepatocytes and consequently form globules. These globules are strongly PAS positive and diastase resistant, which can be visualised by light microscope. Immunofloresence or immunoperoxidase technique can also be employed to confirm the diagnosis (Bohm 1980).

In the western population, incidence of alpha; antitrypsin is about 1: 2000 (Ashok et al 1978). Ashok et al studied to find out the relationship of alpha1 antitrypsin with Indian childhood cirrhosis and noted that 30% of the cases were positive for PAS positive globules. Latimer et al (1980) said that 10 to 20% of the children with Pi ZZ phenotype initially develop neonatal hepatitis syndrome. They added that the risk of developing cirrhosis following this condition appears to be higher. Latimaer et al (1980) further observed that 80% of the children who develop cirrhosis or chronic aggressive hepatitis, and had a history of normal hepatitis are alpha1 antitrypsin deficient. Sadler (1981) belives that 49% cases of neonatal hepatitis are due to alpha1 antitrypsin deficiency. Most of the children are Pi ZZ phonotype, but SZ and MZ phenotype may also be present.

In the present paper of the four cases positive for alpha; antitrypsin globules all had chronic liver disease. The majority (3) had cirrhosis. Mechanism of the causal relationship between alpha; antitrypsin deficiency and chronic liver disease is unknown. It is possible that because of the absence of the protective proteases, liver cells suffer chronic and continuous injury which culminates in cirrhosis.

From this study it is clear that the incidence of alpha1 antitrypsin deficiency is not very uncommon in Bangladesh and may be an important factor of chronic liver disease among children.

### References:

- Ashok, J., Gupta, M., Ramdeo, I. N., Vandana, J. and Miglani, N.; Study of histopathological evidence of cirrhosis. Ind. Paed., 15: 901-903, 1978.
- (2) Bohm, N.: Alpha<sub>1</sub> antitrypsin and its deficiency states, Path. Res. Pract. 168: 1-16, 1980.
- (3) Latimer, J. S., Harry, L. S.: Alpha<sub>1</sub> antitrypsin deficiency in childhood. Curr. Prob. Paed., 1-35, 1980.
- (4) Laurell, C. B. and Eriksson, S.: The electrophoretic alpha<sub>1</sub> globulin pattern of serum in Alpha<sub>1</sub> Antitrypsin Deficiency. Scand. J. Clin. Lab. Invest, 15: 132-140, 1963.
- (5) Milward-Sadler, G. H.: Alpha<sub>1</sub> Antitrypsin deficiency and liver disease, Acta. Med. Port., 2:91-101, 1981.
- (6) Sharp, H. L., Bridges, R. A., Krivit, W. and Freier, E. F.: Cirrhosis associated with Alpha1 Antitrypsin deficiency. A previously unrecognized inherited disorder. J. Lab. Clin. Med., 73: 934-939, 1969.

### ESTIMATION OF GESTATIONAL AGE BY ULTRASONOGRAPHY

Asia A. Khatun, 1 Fauzia Moslem, 2 K. Ahmed, 3 A. H. M. T. A. Chowdhury, 4

### Introduction:

The sequential study of biparietal diameter is an important index of intra-uterine growth of a foetus. It helps to assess the foetal wellbeing, serves an important monitor of placental position and nutritional status; and helps to estimate feotal maturity when last menstrual data is not known and induction is indicated for delayed or complicated pregnancy to avoid prematurity. Ultrasonography is an useful investigation in determination of cephalopelvic disproportion.

The assessment of biparietal diameter with the help of ultrasonograpoy is an accurate and safe method (Donald, 1979). It is accurate because it is done by mapping two dimensional technique and

- Assistant Professor, Obst. & Gynaecology, Institute of Post-Graduate Medicine & Research, Dhaka
- 2. Senior Medical Officer, Institute of Nuclear Medicine. Dhaka.
- 3. Director, Institute of Nuclear Medicine, Dhaka.
- Professor of Obst, & Gynaecology, Institute of Post-Graduate Medicine & Research, Dhaka.

calculating the angles of its attitude correctly with proper scan measurement. The error can be reduced to less than Imm when it is done by experienced person with adequate technical knowledge (Taylor, 1978). The hazards of ionizing radiation as in case of X-ray are absent in ultrasonography. Therefore, it proves to be safer than the radiological methods. Because of its accuracy and noninvasive character, ultrasonography is now a days extensively and fruitfully used in obstetrics.

Ultrasonography has been in use in our country for the last few years. We do not have any national standard of biparietal diameter of the foetus. The physical status and nutritional condition of our population are different from those of developed countries. It is expected that the biparietal diameter, which is a measure of gestational age of the foetus may also be different. Therefore, a study has been undertaken to measure biparietal diameter in a normal group of pregnant mothers.

### Materials and Methods:

In this study we have evaluated the result of ultrasonography of patients who have been sent to

assess gestational age. The patients have been referred from indoor and out-patient departments of Institute of Post-Graduate Medicine & Research. They have examined in the Institute af Nuclear Medicine situated in the South Annaxe Building of IPGMR. Assessment of biparietal diameter is an important part of obstetrical ultrasonography done in the department. In this study we have taken 176 patients whose exact date of last menstruation was known for correlation with clinical findings. These patients have not been suffering from concommittent disease and have history of regular menstruation. The preparation of patients for this purpose is very simple. Only full urinary bladder is required. This is very important as full bladder displaces the air containing gut, pushes the uterus up, exposes the pelvic organs and stands as an anatomical land mark (Fleischer and James, 1980).

The instrument used for the investigation is Emisonic Universal Ultrasonogram of EMI Ltd. This equipment includes a transducer responsible for transformation of energy, which is acheived by the piezoelectric effect. The use of this transducer is an advancement over the Doppler's method in the field of ultrasonography. The system has also the facilities of simultaneous 'A' scan in short persistance oscilloscope or viewing amplitude of echoes and heart movement, variable persistance storage oscilloscope for probe positioning and 12" Video T.V. for gray scale display. There is also a provision for 6" Video monitor for polaroid photography.

The biparietal diameter has always been assessed by physicians working in the Institute of Nuclear Medicine having experience in the field of ultrasonography. The number of obstetric patients attending the Institute is between 30 and 35 daily. About one-third of this is referred for assessment of biparietal diameter. Clinical evaluation of patients are usually done by the obstetrician. However, clinical history is routinely recorded in the Institute while examining a patient by ultrasonography for correlation.

### Result and Discussion:

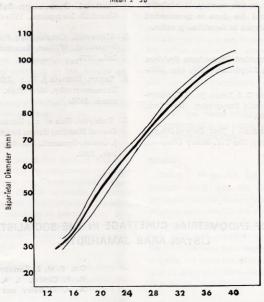
As mentioned earlier 176 cases have been presented here. The sample have been selected

at random. This is a small fraction of total obstetric patients attending the Institute in the year 1981-82. The evaluated measurement have been shown in the table. The graph drawn from the date of the table is shown in the figure 1. It has been found that biparietal diameter of the normal healthy Bangladeani foetus does not differ from that of developed countries (Hager, 1979 and Metrewell, 1978).

### Mean BPD in 176 cases with S.T.D.

Total No. of cases.	Period of Gestation in weeks.	No. of cases.	Mean BPD in mm ± S.T.D.	Range of BPD in mm.
176	13	1	29	7
	14	5	$30.20 \pm 1.33$	28 to 32
	15	2	£2.50 ± 0.50	82 to 33
	16	4	35.50 ± 2.60	34 to 40
	17	5	$41.20 \pm 1.60$	40 to 44
	18	6	$45.33 \pm 1.97$	43 to 48
	19	1	45.00	
	20	2	52.00 ± 2.50	50 to 55
	21	1	55.00	
	22	3	56.67 + 0.47	56 to 57
	23	5	62.00 ± 1.26	60 to 63
16	24	1 1	62.00	
	25	3	$67.66 \pm 0.47$	67 to 68
	26	4	69.25 ± 2.25	69 to 72
	27	3	74.67 ± 1.58	72 to 76
	28	8	$75.00 \pm 1.32$	74 to 78
	29	3	78.00 ±	78 to 80
	30	1	84.00	
	31	6	$83.67 \pm 1.96$	82 to 86
	32	7	85.43 ± 0.73	84 to 86
	33	12	$87.88 \pm 1.28$	85 to 90
	34	17	90.29 ± 4.2·1	82 to 96
	35	10	92.00 ± 0.77	90 to 93
	36	17	94.94 ± 2.73	90 to 98
	37	11	95.63 ± 1.07	93 to 97
	28	12	96.92 ± 0.76	96 to 98
	39	10	98.00 ± 0.63	97 to 99
	40	16	99.25 ± 0.66	98 to 100

### Fetal Biparietal Diameter Against Gestational Age Mean ± SD



Gestational Age (weeks)

Fig. 1.

Although the average birth weight of our baby is reported to be lower than that of western countries, biparietal diameter remains comparable. This correlates with another study done in the department (unpublished). However, a separate study has been undertaken to show the correlation between birth weight and foetal length, head circumference and biparietal diameter.

In the present study, there are sufficient number of cases in the last trimester of pregnancy and results seem to be statistically reliable. During this period, the determination of gestational age is important to avoid premature delivery by caesarian section, or induction of labour in cases of obstetric complication. Therefore, the parameters obtained by ultrasonography may be considered to be adequate for determination of approximate gestational age of the foetus. The

clinical examination is of course, always important. In cases of any disagreement and doubt, the ultra-sonography may be repeated and expert opinion should be obtained.

### Conclusion :

The determination of gestational age by ultrasonography has been found to be a reliable method (MacDonald, 1978). In cases of normal healthy individual, the biparietal diameter of Bangladeshi foetus does not seem to differ much from that of developed countries. Since, till now, there is no known hazard of ultrasonography either to the foetus or to the mother, this method may be used safely for determination of gestational age. The biparietal diameter of the foetus is likely to vary with maternal health and other complications. Therefore, these facts should be kept in mind while detarmining the gestational

age from the biparietal diameter. Since the ultrasonography is new in this country, it is felt that further study should be done to increase and ensure reliabilty of its use in obstetrical practice.

### References:

- Donald, Ian; Practical Obstetrician Problem, 5th ed., London Lloyd-Luke 1979, (pp. 1008-1039).
- Fleischer, Aurther C. & James, gr., A.T.; Introduction to Diagnostic Sonography, New York, Wiley & Sons, 1980.
- Hager-Ansert Sandra L; Text Book of Diagnostic Ultrasonography, The C.V. Mosby Company, Saint Louis, 1979.

- MacDonald, Ronald R.; Scientific Basis of Obstetrics and Gynaecology, 2nd ed., Edinburgh, Churchill Livingstone, 1978 (pp. 127-132).
- Metreweli, Constantine; Practical Abdominal Ultrasound, William Heinemann Medical Books Ltd., 1978.
- Taylor, Kenneth J. W.; Atlas of Gray Scale Ultrasonography, New York, Churchill Livingstone, 1978.
- Toshiyuki, Hala et. al; Ultrasonic Assesment of Genital Bleeding during Pregnancy, Asia Asania J. Obstet, Gynaecol., Vol. 9(3): 295-301, September, 1983.

# A STUDY OF ENDOMETRIAL CURETTAGE IN THE SOCIALIST PEOPLE'S LIBYAN ARAB JAMAHIRIYA.

Drs. S. M. El Kassaby, M. G. Muazzam, R. P. Chishti, I. A. El Muntasser, A. A. El Badry and I. A. Alloba.

### SUMMARY :

2909 endometrial curettage examined during the period of September 1979 to December 1981 in the Department of Pathology, Al-Fateh University, Tripoli, Libya is reported.

The common indications for curettage were abnormal uterine bleeding (40.98%), infertility (31.35%) and complications of pregnancy (23.72%), making a total of 96.05%.

82.63% of the patients belonged to the reproductive period of life (21-45 years).

Some pathological findings were found in 52.56% of cases. The important pathological

Department of Pathology and Gynaecology & Obstetrics, Faculty of Medicine, Al Fateh University, Tripoli—S.P.L.A.J.

findings were, irregular hormonal response (IHR) (16.93%), endometrial hyperplasia (11.62%), persistent oestrogenic stimulation (9.42%), mole formation (2.33%) and endometritis (0.36%).

The incidence of uterine malignancy (0.31%) and tubercular endometritis (0.27%) were significantly low.

Among the infertility cases 34.32% showed endometrial pethology indicating the responsibility for failure of conception in the female partners. The pathological findings in these cases were in the form of anovulation (16.67%), IHR (11.62%), endometrial hyperplasia (5.04%), tubercolar endometritis (0.77%) and miscellaneous conditions (0.22%).

Thus, the common indications of endometrial curettage are abnormal uterine bleeding, infertility and complications of pregnancy.

The common pathological findings are IHR, endometrial hyperplasia and persistent oestrogenic stimulation.

Infertility cases represent about one third of the total endometrial biopsies and about one third of them show certain endometrial pathology. The common causes of infertility in the females are, anovulation, IHR and endometrial hyperplasia.

Uterine malignancy and tubercular endometritis are significantly low in Libya.

### Introduction:

Endometrial biopsy in the form of dilatation and curettage (D & C) is the commonest investigation in any Obstetric and Gynaecological department. The usual clinical conditions for which D & C is done are abnormal uterine bleeding, infertility and complications of pregnancies. It is also done for therapeutic purposes in order to regularise menstruation, although diagostic curettage is more common.

We receive a large number of endometrial biopsies from different hospitals in Tripoli, and we thought it will be intersting to publish our findings as no such study is known to have been published from Libya.

### Materials and Methods:

Most of the specimens were obtained from the Al-Jela hospital in 'Tripoli. A small number of specimens were also obtained from the Al-Fateh, Al-Khadra and Bab-al-Azizia hospitals in the city. Most of the patients were Libyans.

The period of study is from the September 1979 to the December, 1981. All the specimens were preserved in 10% buffered formalin immediately after operation and sent to the laboratory next morning. Each specimen was examined after fixation, processed as paraffin sections and cut at different levels and stained with haematoxylin and eosin. Whenever necessary serial sections were cutto come to a proper diagnosis.

The number of endometrial specimens received during the period of study was 3026 which is 53.6% of all the biopsies. 117 specimens were mostly blood clot or mucus with very little endometrial tissue and inadequate for report. So the actual number of specimens studied and reported here is 2909. Out of these in 612 (21.03%) cases the age of the patients was not available, and the age distribution is given for 2297 patients.

In all the cases of infertility the curettage was performed in the fourth week or the premenstrual phase of the cycle.

### Results :

Table 1 shows the age distribution of 2297 patients along with the clinical diagnosis for which the biopsies were indicated. 96.30% (2212) biopsies were done for the three important clinical conditions, irregular uterine bleeding (977), infertility (712) and complications of pregnancy (523). 286 (12.45%) cases belonged to the age group 16 to 20 years, (16 being the minimum age in the series). 1898 (82.63%) patients belonged to the group 21 to 45 years, the reproductive period of life.

Table 2 shows the histopathological findings of 2909 specimens along with the clinical diagnosis. The table includes 25 cases in which no clinical diagnosis was available. 2794 (96.04%) curettage were done for three clinical complaints, 1192 (40.98%) for abnormal uterine bleeding, 912 (31.35%) for infertility and 690 (23.72%) for complications of pregnancy and 90 (3.09%) had miscellaneous complaints.

As for the histopathological findings 913 (31.39%) were secretory endometrium, 583 (20.04%) were non-secretory, 535 (18.39%) showed products of conception and mole formation, 494 (16.98%) showed irregular hormonal response, 338 (11.62%) had endometrial hyperplasia and 46 (1.58%) showed miscellaneous findings.

Table 1. Age distribution of 2297 cases of Endometrial Curettage with

Age	in ear	arbeine.	Abnormal Uterine Bleeding.	Infertility.	Complica- tions of Pregnancy.	Miscella- neous complaints.	Total	Percentage
16	to	20	63	155	65	3.14	286	12.45
21	to	25	160	240	131	7	538	23,42
26	to	30	163	182	127	15	487	21.20
31	to	35	160	74	105	16	355	1F.46
36	to	40	215	47	69	17	348	15.15
41	to	45	127	12	19	12	170	7.40
46	to	50	61	2	7	8	78	3.40
51	to	55	20	: milusuA	mi.m.1	5 to mil s	20	0.87
56	to	60	adi 14 oda	I short		2	6	0.26
61	to	65	1	dis	-	3	4	0.18
66	to	70	aten re inde	id edir ribinw		1	1	0.04
71	to	75	1			1	2	0.09
76	to	80	I				1	0.04
81	to	85	1				1	0.04
		Total	977	712	523	85	2297	100.00

Table 2. Microscopic Findings of 2909 cases along with Clinical Diagnoses.

Microscopic Findings.	Abnormal Uterine Bleeding.	Infertility.	Complica- tions of pregnancy.	Miscella- neous complaints.	No diagnosis available		Percentage.
Non-secretory Endo- metrium.	330	152	74	21	6	583	20.04
Secretory Endome- trium.	216	589	74	25	9	913	31.39
Products of conception and mole.	101	11	422	1		535	18.39
Irregular Hormonal response.	304	106	56	21	7	494	16.98
Endometrial Hyper- plasia.	212	46	56	22	2	338	11.62
Miscellaneous Findings	29	8	8	Ben all mile	1	46	1.58
Total	1192	912	690	90	25	2909	100.00
Percentage	(40.98)	(31.35)	(23.72)	(3.09)	(0.86)	(100.00)	

of non-secretory endometrium. Only 29 (6.49%) (88.36%) were between 21 to 45 years.

Table 3 shows the age distribution of 447 cases cases belonged to age group 16 to 20 years, 395

Table 3. Age distribution of 447 cases of Non-secretory Endometrium.

oup in s.	Proliferative endometrium.	Persistent Oestrogenic stimulation.	Total.	Percentage.	Remarks.
20					
	14	15	29	6.49	
25	72	81	153	34.24	
30	51	35	86	19.24	
35	36	21	57	12.75	Total number in
40	35	33	68	15.21	reproductive
45	11	20	31	6.94	age is 395
50	7	3	10	2.24	(88.36%).
55	2	2	4	0.89	107
60	1	3	4	0.89	
65	_	4	4	0.89	No age was
70	_	<u> </u>	_	_10	available for
75	Centr Circ Phon	1	1	0.22	136 patients.
Total	229	218	447	100.00	
	30 35 40 45 50 55 60 65 70 75	30 51 35 36 40 35 45 11 50 7 55 2 60 1 65 — 70 —	30 51 35 35 36 21 40 35 33 45 11 20 50 7 3 55 2 2 60 1 3 65 — 4 70 — — — 75 — 1	30 51 35 86 35 36 21 57 40 35 33 68 45 11 20 31 50 7 3 10 55 2 2 2 4 60 1 3 4 65 — 4 4 70 — — — — 75 — 1 1	30 51 35 86 19.24 35 36 21 57 12.75 40 35 33 68 15.21 45 11 20 31 6.94 550 7 3 10 2.24 555 2 2 4 0.89 60 1 3 4 0.89 65 — 4 4 0.89 70 — — — — — 75 — 1 1 0.22

Teble 4 shows the types of non-secretory endometrium of 583 cases along with clinical indications. 330 (56.60%) patients complained of abnormal uterine bleeding, 152 (26.07%) of infertility-102 primary and 50 secondary, 74 (12.70%) had

complications of pregnancy and 21 (3.60%) came with miscellaneous complaints. 309 (53.00%) showed usual proliferative phase and the remaining 274 (47.00%) had evidence of persistent oestrogenic stimulation.

Table 4. Types of 583 Non-secretory Endometrium with Clinical Diagnosis.

Clnical Diagnosis.  Abnormal uterine bleeding.		Proliferative adometrium.	Persistent Oestogenic stimulation.	Total.	Percentage.	Remarks.
		180	150	330	56.60	
Infertility		74	78	152	26.07	
Complications pregnancy.	of	41	33	74	12.70	
Miscellaneous ings.	find-	12	9	21	3.60	
No diagnosis able.	avail-	2	4	6	1.03	
4	Total Percenta	309 ge (53.00)	274 (47.00)	583	100.00	RE //

patients showing secretory endometrium. 128 between 46 to 51 years. (17.66%) were below 21 years, 579 (79.86%) were

Table 5 shows the case distribution of 725 between 21 to 45 years and 18 (2.48%) were

Table 5. Age distribution of 725 cases of Secretory Endometrium.

	Age	Age group.		e group. Number of patients.		Percentange.	Remarks.
	16	to 20	-	128		17.66	No age was available for 188 patients.
	21	to 25		211		29.10	for 100 patients.
	26	to 30		176		24.28	79.86% were in repro-
	31	to 35		89		12.28	ductive age.
	36	to 40		71		9.79	
	41	to 45		32		4.41	
	46	to 50		17		2.34	
	51	years		1		0.14	Only one above 50.
-		Т	otal	725		100.00	

Table 6 shows 913 patients with secretory endometrium along with the clinical indications. 589 (64.5%) cases were investigated for infertility, 210 (23.00%) for uterine bleeding, 74 (8.10%) for complications of pregnancy and 25 (2.74%) for miscellaneous cases.

Table 6. 913 Cases of Secretory Endometrium with Clinical Indications.

Clinical Diagnosis,	Number of patients.	Percentage	Remarks.
Abnormal Uterine Bleeding.	216	23.66	ethou i
Infertility	589	64.51	339 primary sterility 250 secondary ,,
Complications of pregnancy.	74	8.10	
Miscellaneous Find- ings.	25	2.74	
No diagnosis available.	9	0.99	
Total	913	100.00	

Table 7 shows 400 patients with irregular 20 years, 345 (86.25%) between 21 to 45 years and hormonal response. Only 34 (8.50%) were below 21 (5.25%) between 46 to 58 years.

Table 7. Age distribution of 400 cases of Irregular Hormonal Response (IHR).

Age group.	Number of patients.	Percentage.	Remarks.
16 to 20	34	8.50	
21 to 25	87	21.75	86.25% belonged to the reproductive age group.
26 to 30	83	20.75	roprosactive age group.
31 to 35	67	16.75	
36 to 40	69	17.25	
41 to 45	39	9.75	No age was available for 94 patients.
46 to 50	17	4.25	or patients.
51 to 55	3	0.75	
56 to 68	1	0.25	
Total	al 400	100.00	to the first of the second of the

Table 8 shows 494 cases of irregular hormonal 106 (21.46%) had infertility, 56 (11.34%) had complex of pregnancy and 35 (7.09%) had misce-(61.54%) patients complained of uterine bleeding, llaneous complaints.

Table 8. 494 cases of Irregular Homonal Response (IHR) with Clinical Diagnosis.

Clinical diagnosis.	Number of patients.	Percentage.	Remarks.	
Abnormal Uterine Bleeding.	304	61.54		
Infertility	106	21,46	57 primary. 49 secondary.	
Complications of pregnancy.	56	11.34		
Miscellaneous Find-	21	4.25		
ings.				
No diagnosis avail able.	- 7	1.41	1007	
Total	494	100.00	a - Alexandra	

Table 9 shows the age distribution of 407 cases were below 21 years, 361 (88.70%) between 21 to

of complications of pregnancy. 40 (9.83%) cases 45 years and 6 (1.47%) between 46 to 51 years.

Table 9. Age distribution of 407 cases of Complications of Pregnancy.

Age	group.	Products of conception.	Mole formation.	Total.	Percentage.	Remarks.
16	to 20	33	7	40	9.83	5 were aged 20.
21	to 25	71	9	80	19,66	361 (88.70%) were in the reproduc
26	to 30	93	12	105	25.80	tive age group.
31	to 35	81	16	97	23.83	
36	to 40	62	4	66	16.22	
41	to 45	12	1	13	3.19	
46	to 50	4	1	5	1.23	No age was avail-
51	years	1	sps_6H	1.01	0.24	able in 128 cases.
	To	al 357	50	407	100.00	03 et 03
Pe	ercenta	ge (87.71)	(12.29)	(100.00)		

Table 10 shows 535 cases of complications of pregnancy along with clinical indications for curettage. 467 (87.29%) showed products of conceptions and 68 (12.7%) developed vesiculas moles. 422 (78.88%) were investigated for complications of pregnancy (326 for abortions and 96 for suspected mole formation), 101 (18.88%) for uterine bleeding, 11 (2.05%) for infertility and 1 (0.79%)

was suspected to be carcinoma body of the uterus. 10 of the infertility cases showed products of conception and one developed into hydatidiform mole. Among the cases of complication of pregnancy, 96 were investigated for mole formation and 61 of them did show mole formation; while the remaining 25 showed only products of conception.

Table 10. Types of cases of Complications of Pregnancy.

Clinical Diagnosis.	Products of conception.	Mole formation.	Total.	Percentage.
Abnormal Uterine	100	1	101	18.88
Bleeding.				
Infertility	10	1	11	2.05
Complications of	356	66	422	78.88
pregnancy.				
Miscellaneous Find-	1	-	1	0.19
ings.	1hi	3		
Total	467	68	535	100.00
Percentage	(87.29)	(12.71)	(100.00)	

cases of endometrial hyperplasia. Only 18 patients between 46 to 75 years. were below 21 years (6.52%). 222 (80.43%) were

Table 11 shows the age distribution of 276 between 21 to 45 years while 36 (13.05%) were

Table 11. Age distributin of 276 cases of Endometrial Hyperplasia.

Age group.		Hyperplasia group, without cystic change.		with	Total.	Percentage.	Remarks.	
16	6 to 20 15		15	3	18	6.52	13 were aged 20.	
21	to	25	33	10	43	15.58	222 (80.43%) in the repro-	
26	to	30	29	3	32	11.59	ductive age group.	
31	to	35	30	7	37	13.40		
36	to	40	53	10	63	22.83		
41	to	45	40	7	47	17.03	No age was available for	
46	to	50	22	2	24	8.70	62 patients.	
51	to	55	4	1	5	1.81		
56	to	60	2	•••	2			
61	to	65	2		2	2.54		
66	to	70	2	ngenti	2			
71	to	75		1	1			
		Tot	al 232 (84,05)	44 (15.95)	276 (100.00	)	Company to the course	

Table 12 shows 338 cases of genuine hyper- complained of irregular uterine bleeding, 56 cystic (swisscheese) pattern, 212 (62.72%) patients (6.51%) had miscellaneous complaints.

plasia of endometrium along with the clinical (16.57%) had complications of pregnancy, 46 diagnosis. Only 51 (15,08%) showed prominent (13,61%) were investigated for infertility, 22

Table 12. Types of Hyperplasia in 338 patients along with Clinical Diagnsis.

Clinical diagnosis.	Hyperplasia without cystic change.	Hyperplasia with cystic change.	Total	Percentage	
Abnormal Uterine Bleeding.	177	35	212	62,72	
Infertility	42	4	46	13.61	
Complications of pregnancy.	47	9	56	16.57	
Miscellaneous Find- ings.	19	3	22	6.51	
No diagnosis avail- able.	2	···	2	0.59	
Total	287 (84.91)	51 (15.09) (	338 100.00)	100.00	

of miscellaneous findings. Only 2 cases were of 60 and 1 aged 80 years). 20 years age, 29 belonged to 21 to 45 years and

Table 13 shows the age distribution of 38 cases 7 were above 45 years (5 between 46 to 55, 1 aged

Table 13. Age distribution of 38 Patients with Miscellaneous Findings along with Clinical Indications.

Age	group.	Abnormal Uterine Bleeding.	Infertility.	Complica- tions of pregnancy.	Miscella neous findings	Total.	Remarks	3.
20 y	ears	1		1		2	85	
	25	2	3	2		7	For 8 more	cases
26 to	0 30	2	2	3		7	age was not	avail-
31 te	0 35	2	03.61			2	able.	
36 to	0 40	5		2	1	8		
41 to	o 45	5				5		
46 to	0 50	2				2		
51 to	o 55	3	07.9			3		
56 to	0 60	1				1		
80 y	ears	1	***			1		
	Tota	1 24	5 47.5	8	1.	38	s	

Table 14 shows the miscellaneous findings of 46 patients along with the clinical indications. 25 (54.34%) were cases of endometritis—7 acute or (0.31%) cases of malignancy. septic, 10 chronic non-specific and 8 (17.39%)

tubercular. 7 cases of tubercular endometritis complained of infertility. There were only 9

Table 14. Types of 46 Miscellaneous Findings along with Clinical Indications.

Microscopic Findings.	Abnormal Uterine Bleeding.	Infertility.	Complica- tions of Pregnancy.	Miscella- neous Findings.	No diagnosis.	Total.	Remarks.
Acute Endometritis	3	disting her	4			7	7 more cases of
Chronic non-sp. Endometritis.	9		1000	***	1	10	adenomyosis were found with
Tube: cular Endo- metritis.	1	7				8	endometrial hy- perplasia (5) and
Malignant Condi- tions.	8	243	1			0	IHR (2), making a total of 12.
Adenomyosis	4		1			5	
Endometrial Polypi	2		1	1		4	
Atrophic Endome- trium.	2	12	£		-10	2	
Syncytial Endome- tritis.	-6.0	•••	1		- Paris Air	1	

### Discussion :

The clinical conditions for which the patients were investigated are grouped in four categories viz. irregular uterine bleeding, infertility, complications of pregnancy and the miscellaneous group. The histopathological findings are grouped into six categories—Non-secretory endometrium, secretory endometrium, products of conception and mole formation, irregular hormonal response, endometrial hyperplasia and miscellaneous findings (which include the few malignant cases).

Endometrial biopsies comprise 53.6% of all the biopsies received in this department. The percentage is relatively high as the department receives all the cases from the largest obstetric and gynecological hospital (Al-gela) in Tripoli. Maximum number of patients were investigated for abnormal uterine bleeding.

1192 (40.98%) complained of abnormal uterine bleeding where as Baitlon and Hadley (1975) reported 51.3% and El Bedeiwy et al (1976) reported 60.7% in their series.

696 (58.39%) casas of abnormal uterine bleeding showed no organic changes which indicates that a large number of irregular uterine bleeding is often functional in nature (Hark et al, 1963). This shows that abnormal uterine bleading is the commonest gynecological complaint.

Infertility cases represent 31.35% (912) of the biopsies which is relatively higher than the incidence as 25.8% reported in Egypt (El Bedeiwy et al, 1976). It indicates that infertility is one of the major gynaecological problems in Libya which needs further study. The third important complaint for which curettage was done, was 690 (23.71%) patients with complications of pregnancy, in the form of abortions, post partum haemorrhage and mole formation etc. and 467 (16.05%) of them showed products of conception.

### 1. Non-secretory endometrium :-

The incidence of Non-secretory endometrium in this series is 20.04% (583) and 47% of them had the evidence of persistent oestrogenic stimulation (Tables, 3 & 4), characterised by proliferative endometrium with occasional multilayering of the

glandular epithelium and compact cellular stroma showing no cystic dilatation. Maximum number of these cases (81) belonged to the age group 21-25 years (Table 3).

This higher incidence of persistent oestrogenic stimulations in this relatively younger age group may indicate that ovarian function is not still stabilized or there is increased degree or receptivity of the endometrium (10). Besides, indiscriminate use of hormones as contraceptive by young females or given to them as therapy may also contribute to this abnormality.

330 (56.60%) of the non-secretory patients complained of uterine bleeding and 152 (26.07%) were cases of infertility.

So, the main complaints in this category were uterine bleeding and infertility (82,67%).

Since the curettege of all the cases of infertility was done in the premenstrual period, the presence of non-secretory phase in these 152 indicate evidence of anovulation.

### 2. Secretory endometrium :-

The incidence of secretory endometrium in this series is 31.39% (913) and 64.51% (589) of them complained of infertility (Table 6).

This indicate ovulation and the causes of the infertility is mostly in the male partners of these cases. From this finding, it is evident that the male partner should be investigated first especially in primary sterlity cases.

216 (23.66%) of these patients complained of uterine bleeding.

So, the main complaints in this category also were infertility and uterine bleeding (88.17%).

### 3. Irregular hormonal response (IHR) :-

The incidence of IHR in this series is 16.98% (494).

304 (61.54%) complained of uterine bleeding and 106 (21.46%) complained of infertility (Table 8).

So, the main complaints for IHR patients were again uterine bleeding and infertility (83%).

IHR may be responsible for these 106 infertility cases.

### 4. Products of conception and mole formation :-

The incidence of these cases in the series is 18.39% (535).

Although the majority of these cases belonged to the reproductive period, 6 cases (1.47%) were between 46-51 years (Table 9). This indicates late menopause in a small percentage of cases and even pregnancy may occur in relatively elderly women.

Although 101 (18.88%) were investigated for uterine bleeding and 11 cases for infertility (Table 10), 422 (78.88%) of these cases were investigated for complications of pregnancy.

68 (12.71%) of this category showed mole formation which represents 2.33% of the total series.

### 5. Endometrial Hyperplasia:-

Total number of endometrial hyperplasia in this series is 338 (11.62%). Evidence of cystic hyperplasia was found in 51 patients (1.75% of the series) which is relatively low than that reported by Baitlon and Hadley (1975) which was 2.3% of endometrial biopsies.

We have used the term endometrial hyperplasia for the cases where genuine hyperplasia of the glands were seen with or without cystic dilatation. For other cases with mild degree of growth effect with occasional multilayering of glandular epithelium and compact stroma, we have used the term persistent oestrogenic stimulation and included them in the non-secretory group. Novak and Woodruff (1974) also state that, "Perhaps it would be better to speak of the entire group as proliferative or non-secretory, reserving the term hyperplasia, for those cases in which genuine hyperplastic changes are obsevred being always mindful of the stage of the cycle at which curettage was performed."

Only 6.52% (18) patients were below 21 years (age, 80.34% (222) were between 21 to 45 years and 13.05% (38) were in post menopausal period, Table 11). Novak (1956) reported post menopausal

hyperplasia in 20.99% of of his cases. Bailton and Hadley (1975) however, reported 79% of their cases in age group 35 to 50 years, the corresponding figure in this series is 41.66% between 36 to 50 years.

The lower incidence in our series may be due to the fact that normal physiological reproductive life is more common in this country.

212 (62.72%) complained of abnormal uterine bleeding, 56 (16.67%) showed complications of pregnancy, however, 46 (13.61%) patients complained of infertility and the hyperplastic endometrium may be responsible for their sterility (Table 12).

So, abnormal uterine bleeding, complications of pregnancy and infertility were the main complaints of these patients (92.90%).

### 6. Miscellaneous Findings :-

Out of 25 cases showing endometritis only 8 cases were tubercular, representing 0.27% which is comparable to the finding of Israel et al (1963) who reported 0.28% incidence in unsuspected cases of curettage. However, the inidence of tubercular endometritis reported in Egypt was 1.8% (El Bedeiwy, 1976).

Among the infertility cases (912) only 7 patients with primary infertility had tubercular endometritis (0.77%), but Scharman (1952) and Sutherland (1960) reported 5% incidence in their sterility cases. Also, Barnes (1980) reported 2-5% incidence in women complaining of sterility.

So, the findings show that tubercular endometritis is not common in Libya and one of the rarest causes of sterility in this country.

There were only 4 cases of endometrial polypi. The low incidence of the endometrial polypi is expected as, "most of them are revealed only accidentally, either on curettage or in the routine laboratory examination of uteri, removed at operation or other reasons" (Novak, 1974). Only 12 cases (0.41%) of adenomyosis were detected of which 5 were associated with endometrial hyperplasia and 2 with IHR. Curettage is not the ideal method for the diagnosis of adenomyosis and hence

the low incidence in this series. The best way to detect adenomyosis is to examine the hystrectomy specimens with sufficient sections. Novak and Woodruff (1974) reported 25-40% cases of adenomyosis in hystrectomy specimens. Hunter et al (1947) reported an incidence of 27.8% in their surgical specimens while Bird et al (1972) reported 62% after thorough examination of removed uteri.

Malignant conditions were only 9 cases (0.31%) while Bailton and Hadly (1975) reported 0.50% incidence. Among the malignant cases 5 were endometrial adenocarcinoma with an average age of 57 years which is the same reported by Novak and Woodruff (1974). The remaining cases were 2 leiomyosarcomas, one adeno-epidermoid and one mixed mesodermal tumor. This indicates that adenocarcinoma is the commonest malignant tumor of the uterus, in the series.

### Acknowledgement:

We are thankful to Mr. A. T. M. E. Huq, Mrs. K. Rani and Mr. M. Amin for their technical help.

### References :

- Baitlon, E. and Hadley, J. Endometrial Biopsy, Amer. J. Clin Path. 63: 19 (1975).
- Barnes, J. Lecture notes on Gynaecology. Pp. 69. 4th edn. Blackwell Scientific Publication, England (1980).

- Bird, C. C., McElin, T. W. and Manalo-Estrella,
   P. The elusive adenomyosis of the uterus-revisited. Amer. J. Obst. Gyn. 112: 583 (1972).
- El Bedeiwy, A. A., El Kessaby, S. M., Foda, A. I., Bassioni, B. A., Hassanein, M. A. and El Shazly, A. H. A study of Endometrial curettage in Rural Areas. Mansoura Med. Bull. 4: 149 (1976).
- Hark, B. and Sommers, S. C. Endometrial currettage in diagnosis and theraphy. Obst. Gyn. 21: 630 (1963).
- Hunter, W. C., Smith L. L. and Reiner, W. C., Uterine Adenomyosis Amer. J. Obst. Gyn. 53: 668 (1947).
- Israel, S L., Roitman, H. B. and Clancy, C. Infrequency of unsuspected endometrial tuberculosis, J. A. M. A. 183:63 (1963).
- Novak, E. R. Postmenopausal endometrial hyperplasia. Amer. J. Obst. Gyn. 71:1312 (1956).
- Novak, E. R. and Woodruff, J. D. Novak's Gynaecologic and Obstetric Pathology, Pp. 176, 190, 237, 261, 191. 7th edn. W. B. Saunders Co., Philadelphia (1974).
- Scharman, A. Endometrial tuberculosis in sterility. Fert. Steril. 3: 144 (1942).
- Sutherland, A. M. A genital tuberculosis in women. Amer. J. Obst. Gyn. 76: 486 (1960).

### HEPATOBRONCHIAL FISTULA-A CASE REPORT.

N. A. Khan

Hepatobronchial fistula is not a common condition. Its onset is very insidious and the course being more chronic it may cause serious and complex Surgical problems. Hepatic trauma, abscess (amoebic, pyogenic and echinococcus) and bile duct obstruction in association with a calculas may

Department of Cardiovascular & Thoracic Surgery, Institute of Cardiovascular Diseases, Dhaka. result in a fistulous communication between the biliary tree and the subdiaphragmatic space, Secondary infection or huge collection of bile under pressure under the diaphragm may cause erosion of the latter structure and lead to a hepatobronchial fistula. We report herewith the successful surgical management of such a problem in a 22 years old lady student of Rajshahi University.

### CASE REPORT :

Mrs. RK., a 22 years young lady from Rajshahi District was first admitted in the Medical Unit of Rajshahi Medical College Hospital in Feb. 1982 for pain in the right hypochondrium, fever, occasional rigor and vomiting. After treatment with a regime of Metronidazole and antibiotics her pain and fever subsided in a week and she was released.

In the following months she developed persistent cough with expectoration of green'sh sputum about 600-700 ml. a day along with irregular fever. Two months later s'e became icteric. Gradual weight loss made her almost cachectic by that time. She was again taken to the same hospital and diagnosed as a case of liver abscess with concurrent development of hepatobronchial fistula. She was treated again with broad spectrum antibiotics and transfused with three units of whole blood. With virtually very little gain she was released from the hospital after 3 months and referred to IPCM & R, Dhaka wherefrom she was further referred to ICVD for subsequent management. She was admitted in ICVD in early September, 1982.

Appearance: Pale and ill, Built: below average, Nutritional status: poor, Anaemia: mild; Jaundice: Moderate; Pulse: 88/min, regular; BP 110/70 mm Hg. Temperature: hectic. Liver and spleen were not palpable. Examination of the Respiratory system showed diminished breath sound in right lower zone. Percussion note was dull from the 3rd ICS down to the whole right side with accompanying bronchial breathing over the region. Examination of all other systems revealed findings within normal limits.

Blood: a) Hgb.—8.6 Gm/di. b) TWBC.—
7.0x10<sup>3</sup> /MM<sup>3</sup>. c) DLC: P—66%, L—30%, E—04%.
d) ESR—70mm. in 1st hour (Westergren). e) BUN—10-mg%. f) FBS—76-mg%. g) LFT—Serum bilirubin 3.0mg/dl; rest with normal limits. h) S. Electrolyte Na and Cl normal range and K+in lower limit.

Stool and Urine: No abnormal findings.

CXR. in PA and lateral exposures—showed a consolidation in right middle lobe (Fig. 1 & 2).

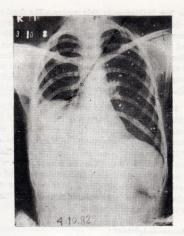


Fig. 1.

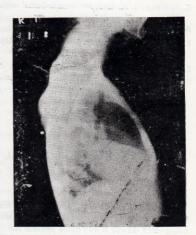


Fig. 2.

Barium meal XR of stomach and duodenum showed no trans-diaphragmatic herniation of abdominal viscera.

Sputum: In culture showed growth of pseudomonas sensitive to cotrimoxazole, carbenicillin and tetracycline.

Ultrasonogram: Of liver and bilary system showed the impression of hepatic enlargement in an irregular fashion along with a semicystic area in the middle of right lobe continuous with a break in the right dome of the diaphragm.

RADIOISOTOPE SCAN of the liver showed a linear zone of diminished radioactivity in the middle of the right lobe extending upto the diaphragm and was commented as "Abscess of liver extending into the lung".

Chest was opened through a right posterolateral thoracotomy. The plueral cavity was completely obliterated by dense adhesion. By extrapleural stripping, first the upper and then the lower lobe of right lung was cleared from the chest wall and the diaphragm. The middle lobe was consolidated and full of biliary mud. There was fistulus communication in between the liver and the middle lobe of the right lung through the diaphragm. The middle lobe was seperated from the upper and lower lobes aud finally resected. Cut end of bronchus was sutured in two layers using Ethyflex 'OO'.

In the right lobe of liver there was big cavity that was drained through under surface of diaphragm. The defect in the diaphragm was then closed in two layers by reinforcement with a pleural patch using non-absorable sutures. The chest was closed as usual with a water-seal drain. The subdiaphragmatic drain was brought out through the abdomen.

Specimen: Lung tissue of  $2 \times 1.5$ cm with fibrous tissue on one side and some muco-gelatinous material on the other side.

Microscopic examination: Severly inflamed lung tissue around a fistulous tract. Polymorphonuclear and round cell infiltaration with plasma cells and large monocytes in the lung parenchyma. Alveoli filled with foamy macrophages and necrotic materials. Old and recent hæmorrhages are seen also. One bronchial lumen was filled with bile stafned material.

The patient was managed in Intensive Care Unit during its early Post-operative period. Gentamycin and Cloxacillin were given parenterally with other supportive measures. Adequate nutrition, fluid and electrolyte, intake-output chart, care of drainage tubes were all properly instituted.

The patient was gradually coming up wilh relief of pain, persistent cough, fever, jaundice, vomiting and she was gaining her weight. Her blood counts, liver function tests, sputum culture all shows favourable results.

Chest drainage tube was gradully shortened and totaly removed on 22nd post-operative day. But it was reintroduced one week later following discharge of serosanguinous fluid through the wound and radiological finding. The tube was removed completely on 3rd day when there was no collection. The thoracotomy wound thereafter was healed smoothly.

The subhepatic drainage tube was kept for long time because of bile drainage. On reduction of bile drainage a tubo-gram was done and the dye was seen to be smoothly passing to common bile duct and intesting (Fig. 3). The tube gradually

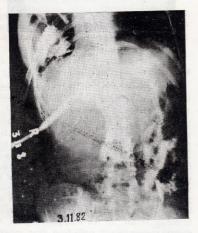


Fig. 3.

shortened and removed completely on 48th postoperative day. She was discharged from the hospital on 13th February 1983.

On 3rd November 1983 she was again reported for check up when she was found absolutely asymptomatic and her chest skiagram showed a normal picture (Fig. 4).

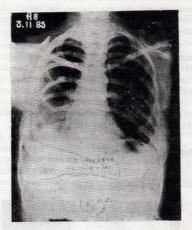


Fig. 4.

### Discussion:

Hepato-bronchial fistula is not a common condition that we encounter in our surgical practice. Management of such a condition was never reported before in this country. Ohsner and DeBakay (1936) in their classification of thoracic amœbiasis found 37.7% cases of lung abscess continued from liver abscess and 19.6% cases of broncho-pleural fistula. Lurundi (1966) found 15% (85 patients) cases of thoracic amœbiasis in his series of 640 patients of which 29 were presented with hepatopleural and bronchopleural fistula. Ferguson and Burford (1967) reported only 7 cases of hepatobronchial fistula. In the ætio-pathogenesis, the disease process usually starts from liver either in the form of primary amoebic/pyogenic abscess, hydatid cyst or secondary abscess from obstruction of biliary channel by stone, neoplasm, stricture. The resultant tension ultimately ruptures the abscess into the subdiaphragmatic and perihepatic space where it may be localised by surrounding inflamation. Local tissue reaction causes adhesion of lung with the diaphragm. On progression, the diaphragm is eroded at one stage and the abscess extends to pleural cavity to form empyema or to the lung to form lung abscess or hepato-bronchial fistula. Usually the lower lobe of right lung is affected, but in this case unusually the right mtddle lobe is affected. The penetrating trauma to liver or lung and liver both with subdiaphragmatic collection and subsequent infection may lead to similar sequele.

Bile, an irritating liquid, causes intense inflammatory reaction of pleural space or bronchial tree or lung parenchyma that needs correct understanding and prompt management to minimise mortality and morbidity. When a fistula is formed, the diagnosis is easy from expectoration of bile and the patient is in danger of bile-drowing and severe pneumonitis. Any patient with bilious effusion should have prompt thoracostomy. A more aggresive approach is required in bronchobiliary fistula. Early surgical intervention is necessary to prevent spread of infective process as well as chemical pneumonitis. And one should not forget to treat the primary cause of fistula.

The treatment principle is directed to the excision of fistula tract with lobectomy or segmental resection, repair of diaphragm by non-absorbable sutures, removal of primary cause and adequate drainage of subdiaphragmatic space, pleural space and liver. All diagnostic procedures and ancilliary investigations to asses general and hepatic status are essential prerequisite for such a major surgery. The surgical approach is transthoracic with concomitent transdiaphragmatic, with or without transabdominal exploration. Adequate drainage in terms of site duration are the most important points for observation during post-operative mangement, Drain should be kept until all the drainage ceases. Perhaps the intrapleural route allows most dependent route of drainage and should be considered especially in posterior collections.

### References :

- Adams HD: Pleurobiliary and Bronchobiliary fistula, J Thorac Surg. 30(3): 255-278, Sept. 1955.
- Boyd DP: Bronchobiliary fistula. Ann Thorac Surg, 24(5): 481-487 Nov. 1977.
- Crilchrist RK, Parrat J: Spontaneous biliobronchial fistula formation following Common Bile Duct obstruction. Surgery 45: 403-405, 1958.
- Ferguson TB, Burford TH: Pleurobiliary and Bronchobiliary fistula. Arch Surg. 95(9): 380-386 Sept. 1967.
- Lurundi RH: Thoracic repurcussion of amobiasis. J Thorac Cardiov Surg. 52(3): 361-375 Sept. 1966.

 Ochsner A, DeBakay M: Classification of amœbiasis in thorax. J Thorac Surg. 5: 225, 1936,

### Acknowledgement:

I am grateful to Prof. S. A. Ashraf and Prof. G. Rasul of Department of Surgery, Institute of Post-Graduate Medicine and Research, Dhaka for their suggestion during the post-operative management of this patient. I am also grateful to Dr. Shafiqul Hoque, Asstt. Professor of Surgery, Institute of Diseases of Chest & Hospital and Dr. Fazlur Rahman, Resident Surgeon, Institute of Cardiovascular Diseases, Dhaka for their assistance in the preparation of this paper.

### A CASE OF MESENTERIC CYST.

M. A. Majid.

The ætiolagy of mesenteric cyst is rather contentious. However, the cysts themselves can be classified as—

Chylolymphatic. 2. Enterogenous. 3. Urogenital remnants. 4. Teratomatous. 5. Hydatid.
 Traumatic.

The chylolymphatic variety is the commonest type. Frequently monolocular, it arises usually in the mesentery of the terminal ileum. The chylolymphatic variety of mesenteric cyst has its blood supply independent of the blood supply of the adjacent gut.

### CASE REPORT :

A five year old boy was admitted with the provisional diagnosis of an appendix mass (referred by his general practitioner) following four

Department of Surgery, City General Hospital, Stoke-on-Trent Hospital Centres,

Present address: Associate Professor of Surgery,
Dhaka Medical College, Dhaka.

days of right sided abdominal pain, nausea, vomiting and pyrexia. Past medical history was unremarkable except for 1-2 years history of recurrent right sided abdominal pain.

Examination on admission revealed that the boy was slightly pyrexial and he had a slightly tense, vaguely mobile mass in the right iliac fossa

Routine hæmatological and biochemical screening were normal as was the bacteriological examination of his urine. Plain X-ray of abdomen showed a right sided soft tissue mass. I. V. U. showed upward displacement of the right kidney without any evidence of intrinsic lesion of the kidney itself. Ultrasound scan revealed a cystic mass in the right lower and mid-abdomen. It contained debris in some areas.

Because of persistent symptoms a laparotomy was performed. At operation a mesenteric cyst was found in relation to the terminal ileum. It appeared to be enterogenous in origin since it was very intimately adherent to the terminal ileum, apparently sharing the same blood supply. Therefore the cyst was resected with a small segment of the bowel, continuity being restored by an end-to-end anastomosis (Fig. 1). A normal



Fig. 1.

appendix was also removed. The child made an uneventful post-operative recovery and was discharged home well. Histology of the specimen is shown in Fig. 2.

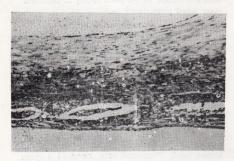


Fig. 2.

### Discussion :

Mesenteric cyst was first described by Benevieni, a Florentine anatomist, on an autopsy

specimen in 1507. Tillaux was the first surgeon to resect successfully a mesenteric cyst in 1880. There have been so far 700 cases reported in literature, of which 25% occur in children. The incidence of complication in this age group is high. Common complications are intestinal obstruction, volvulus of the small bowel around the cyst leading to gangrene, perforation and peritonitis (Mollit et al). Other complications include ure-teric obstruction (Walker and Putnam), intra peritoneal rupture of the cyst, hæmorrhagic ascites, rectal bleeding and malignant change.

Review of literature shows that the most common presenting symptoms are abdominal pain (sometimes acute), nausea and vomiting. It may frequently present as an asymptomatic abdominal mass.

Pre-operative diagnosis demands high index of suspicion by the clinician. Ultrasonography is diagnostic. Diagnosis may be aided by plain X-rays in two planes, the lateral film helping differentiation between mesenteric and omental cyst. I. V. U. is necessary to exclude a renal mass or any obstruction or deviation of the ureters. Large and small bowel contrast radiography is helpful in the absence of facility for ultrasonography.

Treatment consists in operative enucleation of the cyst when it is possible to do so without jeopardising the blood supply of the bowel adjacent to the cyst. When this is not possible, resection of the cyst with the segment of the bowel involved is a sound alternative.

The mortality in various series has been reported to vary between 20-50%. Gross reported a mortality of 16.8% in his series of patients of paediatric age group. This is disquietingly high for a benign condition like mesenteric cyst. Early recognition and surgery before complication should be our sim to reduce this unacceptable mortality.

### Acknowledgement :

I am grateful to Mr. W. Sewell. Consultant Surgeon, City General Hospital, Stoke-on-Trent for allowing me to operate on his patients and to report this case. I wish to thank Mr. D. R. Harper, Consultant Surgeon, Royal Infirmary, Falkirk for his helpful criticism in the preparation of this paper.

### References :

- Beahrs et al. Chylous cyst of the abdomen. Surgical Clinic N. Am. 302; 1081, 1960.
- Benevieni, A. De abditis nonullis as mirandis morborum e sonnationum causis. Translated by C. J. Singer et al. 1934.

- Gross, R. E. The Surgery of Infancy and Childhood. P. 377 Philadelphia: W. B. Saunders Co. 1953.
- Mollit et al: Mesenteric Cyst in infancy and childhood. Surgery, Gynaecology and Obstatrics Vol. 147. Aug. 1978, 182-4.
- Tillaux, P. J. Cysts du mesentere chez un homme; Ablation par la gastrotomie; quersion Rev. Ther. Med. chir. Paris 1880; 47; 479.
- Walker, A. R. and Putnam, T. C. Omental mesenteric and retroperitoneal cysts. Ann. Surg. 1973; 178; 13.

in Toward a and SMES Lye harmer Covernment

### College News

### Recognition of Institutes for conducting FCPS Courses:

The Council of the BCPS in their last meeting in September 1983 has decided to recognise the following institutes for conducting different post-graduate courses in the subjects mentioned.

- Dhaka Medical College & Hospital—FCPS
  Part II courses in Medicine, Surgery, Obstetrics
  & Gynæcology, Anæsthesiology, Radiotherapy and
  ENT diseases.
- 2. Chittagong Medical College & Hospital— FCPS Part II courses in Surgery and Obstetrics & Gynæcology.
- Bangladesh Institute of Child Health—FCFS Part II courses in Paediatrics.
- Armed Forces Medical Institute & its affiliated Institutes—FCPS Part II courses in Medicine, Surgery, ENT Diseases and Pathology.
- Islamia Eye Hospital, Dhaka—FCPS Part II courses in Opthalmology.

### Recognition of training of Doctors in different Institutes for FCPS course:

The Council also decided to recognise the training of Doctors of the Dhaka Shishu Hospital in Padiatrics and BNSB Eye Infirmary & Training Complex of Chittagong in Opthalmology.

### Examination system:

The Council has decided to introduce a new syllabus for Basic Sciences in FCPS Part I examination as per recommendation of the workshop held on the subject.

The "Question Banks" has been formed for FCPS Part II & all MCPS examinations of BCPS and it was made effective from January 1984 examination.

The examination system has been further modified and clinical parts of FCPS & MCPS examinations will be conducted in different City Hospitals with effect from last January 1984.

### Seminars and Scientific courses:

Orientation course for FCPS Part I examinees was held as usual during 1st 3 weeks of December 1983 on payment basis.

An international course in Obstetrics and Gynæcology was held in the Auditorium of the BCPS in November 1983 in collaboration with Obstetrics and Gynæcological Society of Bangladesh.

In the continuing Medical Education Programme the following speakers delivered their papers in the Auditorium of BCPS.

Dr. Harun-ur-Rashid, Assoc. Professor of Nephrology, IPGM & R, Dhaka—Recent Advances in Urinary Tract Infection, October 1983.

Dr. M. A. Jalil, Retired Professor of Opthalmology—Xeropthalmia in Bangladesh, its prevention and treatment, November 1983.

Dr. Hedayetul Islam, Professor of Psychiatry, Sir Salimullah Medical College—Psychiatric problems encountered by Members of General Practice and other specialities, December 1983.

Brig. M. R. Chowdhury, Commandant, Armed Forces Institute of Pathology and Blood Transfusion —Coronary Atherosclerosis, January 1984.

### New Fellows admitted :

The following Doctors are admitted as Fellows to the College after the examination held in January 1984.

Dr. Muhi Uddin Ahmed Medicine
Dr. Manzur Morshed Medicine
Dr. Md. Anisur Rahman Medicine

Dr. Ghulam Mahmood	Medicine
Dr. Shafquat Hussain Khundker	Surgery
Dr, Md. Shahjahan Ali	Surgery
Dr. Rashida Khatun	Obst. & Gynae.
Dr Ameena Majid Kamal	Obst. & Gynae.
Dr. Mumtaz Jahan	Obst. & Gynae.
Dr. Naseem Rashid	Obst. & Gynae.
Dr. Khan Md. Moniruzzaman	Paediatrics
Dr. Chowdhury Ali Kawser	Paediatrics
Dr. Md. Israfil	Ophthalmology
Dr. Shah Md. Bul Bul Islam	Ophthalmology

Dr. (Mrs.) Farida Huq, MBBS., M. Phil., Ph. D.. Head of Microbiology Division, Institute of Public Health, Mohakhali, Dhaka and Dr. Shahjahan Nurus Samad Chowdhury, MBBS., DA., Professor of Anaethesiology, Dhaka Medical College were also admitted as Fellows (without examination) in February 1984.

### New members admitted:

The following Doctors are admitted as members to the College after their examination held in January 1984.

Dr. Md. Abul Kasem	Surgery
Dr. Md. Shamsul Alam Chowdhury	Surgery
Dr. A. F. M. Matin	Surgery
Dr. Quazi Md. Qamar Uddin Ob	st. & Gynae.
Capt. (Retd.) Dr. Md. Serajul Islam	Paediatrics
Dr. A. K. M. Ahadul Bari Ana	esthesiology
Dr. Mohammed Maznoor Rahman	Anaestha- siology.

### The visit of Dignitories:

Prof. J. A. Strong, Chairman, Edinburgh Post-Graduate Board of Medicine, UK visited the College in November 1983.

Dr. Geoffrey Walker of World Orthopaedic Association, London and Prof. F. A. Billson, University of Sydney, Australia visited the college in January 1984.

### Journal price :

As per discussion in recent Annual General Meeting the Fellows who have paid their subscriptions up-to-date they will receive the Journal free of cost, others can procure it at the cost of Taka 25.00 (Inland) or U. S. Dollar 5 (Overseas).

### [ Continued from front inside cover. ]

Chapter of book :

 Nixon HH: Intestinal obstruction in the newborn, in Rob C, Smith R (eds). Clinical Surgery, chap 16, London, Butterworth, 1966, p. 168-172.

Chapter of book that is part of published meeting:

- Natvig JB., Kunkel HG<sup>\*</sup>, Gedde-Dahl T Jr.: Chain sub-groups of G globulin, in Killander J (ed): Gamma Globulins proceedings of the Third Nobel Symposium, New York, Wiley, 1967, pp. 37-54.
- Okamatsu T, Takayama H, Nakata K, et al: Omphalocele surgery, presented at the meeting of the Pacific Association of Pediatric Surgeons, San Diego, April, 1973.

### Proofreading:

Contributors may be asked to proofread the galley proofs for typesetting errors. Important changes in data are allowed, but authors will be charged for excessive alterations in proof. Galley proofs should be returned within 24 hours.

### Reprints :

Reprints of articles will be furnished to contributors when ordered in advance of publication. An order form, showing cost of reprints, is sent with proofs. Individuals wishing to obtain reprints of an article can do so by contacting the author af the address given in the journal.